

# Overview of Long-Term Care Programs in the Long-Term Care Division

Webinar hosted by: Rebecca Schupp and Michael Luu Long-Term Care Division

April 17, 2014

#### DEPARTMENT OF HEALTH CARE SERVICES

## Webinar Overview

- Long-Term Care Programs
- Care Coordination and Payment Structures/Responsibilities
- Universal Assessment
- Future of Long-Term Care and Conclusion
- Questions?

## LTC Programs (Home and Community-Based Waivers)

2

#### List of Long-Term Care Programs

- California Community Transitions (CCT)
- Assisted Living Waiver (ALW)
- Nursing Facility/Acute Hospitals (NF/AH)
- Developmentally Disabled (DD)
- HIV/AIDS
- In-Home Operations (IHO)
- San Francisco Community Living Support Benefit (SF-CLSB)
- Pediatric Palliative Care (PPC)
- 1915(i) SPA: DD-RC

- Federal grant funding to implement a Money Follows the Person (MFP) Rebalancing Demonstration program (known as CCT in California)
  - Provides individuals living in a nursing home or other institution new opportunities to live in the community with the services and supports they need
  - In 2012, 432 CCT Transitions, capacity to double in 2015
  - CCT Project pre-transition services are available through September 30, 2016
- Entry point for NF transitions to LTSS programs

- Eligibility:
  - Person must be a Medi-Cal beneficiary for at least one day
  - Person must be an SSI/SSP recipients
  - Person must have been living in an inpatient facility (freestanding NF or DP/NF, acute or ICF/DD) for 90 consecutive days not on Medi-Care
  - Person must continue to require the "level of care" provided in a health care facility to transition to an HCBS waiver

- Services provided
  - Help access IHSS program
  - Search for affordable housing
  - Assist in training personal attendants
  - Assist in interviewing and hiring caregivers
  - Follow-up assistance: post-transition coordination
  - Home set-up: home and vehicle modifications
- Provider Types:
  - Independent Living Centers
  - Department of Developmental Services
  - Home Health Agencies
  - Other Community Organizations (e.g. SCAN, IOA, Rehabilitation Services of Northern CA)

- Individuals who are in CCT:
  - Most have physical or developmental disabilities
  - Less elderly in CCT: challenging, tend to require more medical care, supervision and LTSS
  - Person with DD/ID
- Geographic Service Area
  - Northern region: Alameda, San Joaquin, Sacramento
  - Southern region: Los Angeles, Orange, San Bernardino

For list of all CCT counties, visit the DHCS website: <u>http://www.dhcs.ca.gov/services/ltc/pages/CCT.aspx</u>

## Overview of 1915(c) HCBS waivers

- Must reside in HCB settings
- Must only be on one 1915(c) waiver
- Must be NF certifiable
- 7 Assurances
- Waive eligibility, statewideness, comparability
- In general, waiver slot is held for 30 days if admitted to institution and no payments made for holding slot

## Assisted Living Waiver (ALW)

- Provides HCBS as an alternative to long-term nursing facility placement for Medi-Cal beneficiaries in either of two settings: a Residential Care Facility for the Elderly or in Publicly Subsidized Housing with a Home Health Agency providing the assisted care services
- Assisted Living Waiver
  - Capacity: 3,000
  - Current # of participants: 2,500

#### • Eligibility

- Person must be <u>age 21 years and older</u>
- Person must be eligible for full-scope no share-of-cost or share-of-cost Medi-Cal
- Person must require a nursing facility level of care
- Person must be receiving SSI/SSP

## Assisted Living Waiver (ALW)

- Services
  - 24 hour oversight
  - Personal care and assistance
  - Health-related services: skilled nursing
  - Arrange/provide transportation
  - Social services

#### Provider Types

- Care Coordination Agencies (CCA)
- Service Providers: Residential Care Facility for the Elderly (RCFE) and Home Health Agencies (HHA)
  - Visit the following link for more information about service providers: <u>http://www.dhcs.ca.gov/services/ltc/pages/alwpp.aspx</u>

## Assisted Living Waiver (ALW)

- Geographic Service Area
  - Counties: Fresno, Los Angeles, Riverside, San Diego, Sacramento, San Joaquin, Sonoma, Alameda and Contra Costa
- Expanding to Santa Clara, San Mateo, Orange and San Bernardino retroactive to 3/1/2014
- NF Transition waiver
  - I community to 1 NF transition
  - Housing afforded through waiver enrollment
- Waitlist: None

- NF/AH waiver implemented in January 2007
- Consolidates the Nursing Facility A/B, Nursing Facility Subacute and the In-Home Medical Care waivers
- NF/AH offers services for individuals at home who would otherwise receive care for at least 90 days in a skilled nursing, intermediate care, subacute facility, or an acute care hospital
- Non residential, residential facility provider types
- Target Population:
  - Medically Fragile
  - Technology dependent
  - Aged (65 and older)
  - Physically disabled (under age 65)

#### Eligibility

- Person must have full scope Medi-Cal Eligibility
- Person must be physically disabled (<u>No Age Limit</u>)
- Person must meet the following levels of care:
  - Acute hospital (90 days +)
  - Adult or pediatric subacute nursing facility (180+ days)
  - Distinct-part nursing facility (180+ days)
  - Adult or pediatric Level B (skilled) nursing facility and Level A (intermediate) nursing facility (180+ days)

- Services
  - Case management (e.g. transitional)
  - Home health aide services
  - Home modifications to enable improved access
  - Personal care
  - Medical equipment maintenance and recurring expenses
  - PERS (Personal Emergency Response service, installation and fees)
  - Respite care (both at home and in residential care on a temporary basis)
  - Skilled nursing services

- Geographic Service Area: Statewide
- Waiting list: Yes (for certain levels of care)
- Demographics
  - People admitted to NF tend to be older (65 years and older)
- Living arrangements
  - Over one-quarter of duals with extended stay NF admission were living alone prior to admission
- Reimbursement LOC cap amount: direct individual services monthly so not to exceed LOC cost cap

- Provides HCBS to Regional Center consumers with developmental disabilities, enabling them to live in the community rather than in an intermediate care facility for the developmentally disabled
- Provider type: Regional Centers
  - Visit website for more information:

DHCS website: <u>http://www.dhcs.ca.gov/services/ltc/pages/dd.aspx</u> DDS website: <u>http://www.dds.ca.gov/RC/Home.cfm</u>

- Diagnosis:
  - Persons in waiver diagnosed with developmental disability before the age of 18
  - Includes: cerebral palsy, epilepsy, autism, other neurological conditions

#### • Enrollment Cap (persons per waiver year)

- 110,000 2013/14
- 115,000 2014/15
- 120,000 2015/16

#### • Current Enrollment: 100,000+

- Eligibility
  - Person must be eligible or have full scope Medi-Cal
  - Person must have a formal diagnosis of a developmental disability before the age of 18 (and expected to continue indefinitely)
  - Person must be a Regional Center consumer
  - Person must meet at a minimum the level of care of intermediate care for ICF/DD-type facilities

\*Persons residing in a State Developmental Center are ineligible for waiver enrollment

- Services include coverage for:
  - Case management (TCM benefit contained in CA State Plan and not billed directly to DD waiver)
  - Chore services
  - Homemaker
  - Home health aide services
  - Respite care
  - Habilitation
  - Environmental accessibility adaptations
  - Skilled nursing
  - Transportation

- Geographic Service Area: Statewide
- Waitlist: None
- Reimbursement: DDS pays directly to Regional Centers on FFS basis and claims FFP from DHCS

- Provide service alternatives to hospitalization or institutional care to persons living with HIV or AIDS
- Department of Public Health/Office of AIDS (OA) administers waiver program
- OA contracts with AIDS Waiver agencies to implement the waiver at local level
  - HIV/AIDS waiver provider CDPH website link: <u>http://www.cdph.ca.gov/programs/aids/Pages/tOACarePro</u> <u>viders.aspx</u>

#### Eligibility

- Person must be full-scope Medi-Cal
- Person must be eligible for Medical Assistance
- Person must be diagnosed with Symptomatic HIV or AIDS (foster kids or HIV/AIDS waiver)
- Person must meet the level of care needs for a Skilled Nursing Facility
- Person must meet financial requirements as determined by local County Assistance office
- Person may not be in a hospice program

#### Services

- Supplemental skilled nursing
- Supplemental home health aide
- Homemaker services
- Nutritional Consultations
- Durable Medical Equipment and Supplies
- Transitional Services
  - One time expense not to exceed \$4,000 per person
  - Expense is used to transition from institution to own home or in the community

- Provider Types: AIDS Waiver Agencies (local non-profits; some county-based)
- Geographic Service Area: Regional (43 counties covered)
- Enrollment limits: None
  - Allowable cost limit for each waiver client is \$13,209 per calendar year
  - No waitlist
- Currently enrolled: 2,897
- Reimbursement:
  - FFS directly billed to DHCS
  - No bundled services
  - Waiver Agency provides case management and contracts for all direct services

# In-Home Operations (IHO)

- Established in January 2007
- Serves Medi-Cal beneficiaries who require direct care services provided primarily by a licensed nurse and needed services in excess of that available through the NF/AH waiver
- Non residential provider types
- Eligibility
  - Person must have full-scope Medi-Cal Eligibility
  - Person must be physically disabled (no age limit), blind or over the age of 65
  - Person is unable to live safely at home without care
  - Person must meet certain financial requirements

## In-Home Operations (IHO)

#### Target Populations:

 Individual from birth onwards who are Medically Fragile or Technology Dependent

#### Services

- Environmental Accessibility Adaptations
- Case management
- Respite Care (home and facility)
- Personal Emergency Response System
- Community Transition Services
- Home Health Aide Services
- Habilitation Services
- Family Training

# In-Home Operations (IHO)

- Providers
  - HCBS Benefit Provider: licensed pyschologist, marriage and family therapist (MFT), Licensed Clinical Social Worker (LCSW)
  - HCBS Waiver Nurse Provider RN
  - Home Health Agency RN
  - Independent Provider (IP)
- Geographic Service Area: Statewide
- Waitlist: None\*
- Reimbursement:
  - LOC cost cap = direct individual services not to exceed annual LOC cost cap
- \* IHO Waiver has closed statewide and no longer accepts new applicants

#### San Francisco-Community Living Support Benefit (SF-CLSB)

- Assist individuals to move into available community settings and increase independence
- Eligibility
  - Person must be a resident of San Francisco
  - Person must be at least age 21 years or over
  - Person must be eligible for placement in an SNF or ICF
  - Person must be homeless and at risk of entering a nursing facility
  - Person is determined to benefit from supportive housing
- \*Nurses from SF DPH determines eligibility for waiver
- \*Waiver is limited to State-approved housing
  - Adult Residential Facilities (ARFs)
  - Direct Access Housing (DAHs)

#### San Francisco-Community Living Support Benefit (SF-CLSB)

#### Services

- Care Coordination (Enhanced)
- Community Living Support Benefit in licensed settings
- Behavior Assessment and Planning
- Environmental Accessibility Adaptations
- Home delivered meals in housing sites

#### San Francisco-Community Living Support Benefit (SF-CLSB)

- Provider Type
  SF City and County staff
  ARFs
- Geographic Service Area:
   City and County of San Francisco, Alameda
- Reimbursement:
  - Through city and county of San Francisco and receive FFP from DHCS
- Participants not in CCI as they are clients of city and county of San Francisco

### Pediatric Palliative Care (PPC) for Children

 Provide services to children with chronic, complex and/or life-threatening conditions and their families

#### • Target Population:

- Children under 21 who are medically fragile and technology dependent
- Eligibility
  - Person must be under 21 years old
  - Person must have full scope Medi-Cal
  - Person must reside in participating county
  - Person must have a life-threatening medical condition
  - Person must meet level of care

#### Pediatric Palliative Care (PPC) for Children

- Services
  - Community-Based Care Coordination
  - Pain and symptom management
  - Expressive therapies (art, music, play, massage)
  - Respite care (in-home/out-of-home)
  - Family education
  - Bereavement support
- Provider types
  - Home Health Agencies
  - Local participating hospice agencies

#### Pediatric Palliative Care (PPC) for Children

- Geographic Service Area
  - <u>Counties:</u> Alameda, Monterey, San Diego, Santa Clara, Santa Cruz, Marin, Orange, San Francisco, Sonoma, Fresno, Los Angeles
- Participants of PPC are not eligible for CCI due to minimum age requirement

#### 1915(i) SPAs (Developmentally Disabled – Regional Centers)

- 1915(i) State Plan Amendment (09-023A and 11-041)
  - CMS approved 2013 DD services under State Plan
  - Targets DD individuals with a need for habilitation services
  - Extends Medi-Cal eligible coverage for existing specialized health and other HCBS provided to Medi-Cal eligible persons with DD
- Projected Numbers of DD individuals to be served annually:
  - $\sim 2012-13 = 46,000$
  - 2013-14 = 48,000
- Eligibility Criteria:
  - Criteria for DD services must be less stringent than the institutional level of care criteria required under other Medi-Cal waivers

#### 1915(i) SPAs (Developmentally Disabled – Regional Centers)

#### • Eligibility

- Person must be determined by RC to be in need of habilitation services
- Person must have impairment/condition resulting in three or more of major life activities:
  - o Learning
  - Self-care
  - o Mobility
  - Capacity for independent living and economic self-sufficiency

#### 1915(i) SPAs (Developmentally Disabled – Regional Centers)

- Services
  - Habilitation (e.g. community living arrangement, day services, behavioral intervention)
  - Respite Care
  - Homemaker services
  - Home Health Aide (CBAS)
  - Personal Emergency Response Systems
  - Vehicle modification and adaptation
- Provider Type: Regional Centers, Foster Family Agency (FFA)-Certified Family Homes (children only), Group Homes (children only), Adult Residential Facilities (ARF), RCFEs
- Geographic Services Area: Statewide

## 1915(i) SPAs (Developmentally Disabled – Regional Centers)

- Community Living Arrangement Services (CLAS)
  - Licensed/certified settings
    - Includes assistance with acquisition, retention, or improvement in skills related to living in community
    - Services and supports include daily living activities, adaptive skills, social and leisure skill development
  - Supported living services (provided in residences owned or leased by the recipients)
    - Includes daily living activities, locating and scheduling medical services
    - Selecting and moving into a home
    - Training and hiring personal attendants
- Waitlist: None

#### Care Coordination and Payment Structures/Responsibilities

# **CCT Care Coordination**

- CCT Care Coordination:
  - Organizations work directly with eligible individuals and Medicaid State Agency
    - Center for Independent Living (CIL)
    - Alternative Home Care (AHC)
    - **o** Home and Health Care Management (HHCM)
    - Elder Options, Inc (EO)
  - Team members work with participant to design personal service plan detailing health, social and supportive services needed to transition to community living
  - Monthly support meetings with DHCS LTCD

## **CCT** Payment Structure/Responsibilities

- No Cost Cap
  - Average cost varies by target population: \$18,000-\$101,000
  - Average cost for entire CCT population: \$48,000 per beneficiary per year
- CCT lead organizations receive hourly reimbursement for providing transition coordination services, home set-up costs, home/vehicle modification costs and post transition care coordination

## **CCT** Payment Structure/Responsibilities

- CCT LOs bill Medi-Cal FFS and is carve out from CCI
- CCT and CCI care coordination:
  - Plan or CCT LO identifies NF transition with Plan RN and ICT to discharge and establish community care plan
  - CCT LO finds housing



## **CCT** Data

#### **CCT** Participants by Target Population\*

Elderly	PD	DD/ID	МН
23%	46%	29%	2%

\* MFP/CCT Performance Data is reported to CMS biannually. The CCT Performance Data presented at the March 7, 2014 LTSS Advisory Committee Meeting only included the first 6 months of calendar year 2013. Updated data will be posted on the Community Choices website as it becomes available.

#### **CCT Post-Transition HCBS**

Informal	IHSS	NF/AH	Other	ALW	DD
Support	Only	Waiver	Waivers**		Waiver
9%	35%	12%	1%	14%	29%

\*\* Other Waivers = AIDS, MSSP, Specialty MH Consolidation Program (SMHCP)



## **CCT** Data

#### **Housing Outcomes by Target Population**

Target Population	Home	Apartment	ALW	Group Home
Elderly	25%	37%	36%	2%
PD	22%	65%	12%	1%
DD/ID	6%	9%	2%	83%
МН	43%	38%	19%	0%
Total Population	18%	42%	15%	25%

#### **1-year CCT Post-transition Status**

Remained in the community for the entire 365-day Demonstration	Died	<b>Re-institutionalized</b>	Other (no longer Medi-Cal eligible, moved out of state, etc.)
80%	7%	8%	5%



### **CCT** Data

#### **Post-transition HCBS Cost**\*\*\*

Which costs are included?	Cost for all CCT Participants (post-transition) who completed 365-day Demonstration within CY 2012
Time Period	Jan. 1, 2012 through Dec. 31, 2012
Average Cost	\$48,222 per beneficiary
Low	\$18,000 per beneficiary
High	\$101,000 per beneficiary
Savings	20% of the annual cost of care in a long-term nursing facility

\*\*\* The average cost of post-transition services varies by target population



# **ALW Care Coordination**

## Care Coordination includes:

- Enrolling clients
- Conducting assessments (using ALW Assessment Tool)
- Determining Level of Care (based on tiers)
- Help transition clients from nursing facilities to RCFEs or PH setting
- Capacity: 3,000
- Current # of participants: 2,500
- NF Transition Care Coordination
  - Contracted Care Coordinators may provide transition care coordination for <u>up to 180 days prior</u> to transitioning an individual from skilled nursing facility into ALW program



## **ALW Care Coordination**

- Home Health Agency in PSH
  - Develop Service Plan for each resident
  - Provide personal care and assistance
- RCFE:
  - Assisted Living Services
    - Provided or coordinated by RCFE staff
    - RCFE staff develop Service Plan for each resident
    - Provide other services to meet individual special needs
- ALW and MLTSS Care Coordination
  - ALW care manager on Plan ICT to understand full medical picture and ensure daily care is delivered and person-centered

## **ALW Payment Structure/Responsibilities**

- Frequency
  - Minimum of every 30 days face-to-face visit
  - Re-assessment conducted every 6 months
    - Individual is disenrolled if level of care needs improve and sustain for 60 days at a level that no longer qualifies for ALW

#### • Payments

- CCA are paid for finding, evaluating, placing, and monitoring ALW participants
- Service providers (RCFEs and HHAs) are reimbursed based at four levels of care, with daily rates ranging from \$52/day for Tier 1 to \$82/day for Tier 4, establishing Tier 5 at \$200/day for applied behavior needs
- Payment is for services where RCFEs or landlords receive in addition to SSI/SSP payments for room and board (about \$35/day)

# ALW Payment Structure/Responsibilities

- RCFE's Care Coordination Cost: \$200/participant/month for care coordination services and for coordination of other benefits and services
- Additional funds:
  - \$1,000 lifetime benefit for Nursing Facility Transition Services for relocating from a nursing home
- Waitlist: None assessed by Care Coordination Agency depending on level of care and availability
- ALW services are provided as a carve out to MLTSS
- ALW is <u>not</u> provided to Cal MediConnect members



#### **ALW Data**

- Age Range: 85% are 65 and older 15% are ages 22-64
- Average Cost Per Client: \$17,356
- Most Prevalent Diagnosis: 60% Dementia 26% Alzheimer's 10% Schizophrenia 4% Traumatic Brain Injury
- Average Length of Stay: 247 days



# **NF/AH Care Coordination**

#### NF/AH Care Coordination

- DHCS Northern and Southern California regional office conducts initial waiver LOC evaluations and reevaluations and ongoing case management activities
- Waiver participants must have Plan of Treatment (POT) signed by representative, primary care physician and HCBS Waiver providers describing participant's care services, frequency, scope and duration

#### NF/AH and MLTSS Care Coordination

 NF/AH care manager on Plan ICT to understand full medical picture and ensure daily care is delivered and personcentered

# NF/AH Payment Structure/Responsibilities

#### • Level of Care annual waiver budget expenditures:

Acute Hospital	\$ 305,283
NF Subacute Pediatric	\$ 240,211
NF Subacute Adult	\$ 180,219
NF B Pediatric	\$ 101,882
NF B DP	\$ 77,600
NF B	\$ 48,180
NF A	\$ 29,548
ICF/DD-CN (non-ventilator dependent)	\$ 140,678
ICF/DD-CN (ventilator dependent)	\$ 155,461

• Individual cost cap amount depends on level of care

# NF/AH Payment Structure/Responsibilities

- Services are delivered through HHAs, DME companies, Nurse Providers, Licensed clinical social workers, WPCS providers
- Reimbursement:
  - NF/AH services are provided as a carve out to MLTSS
  - » NF/AH is <u>not</u> provided to Cal MediConnect members



## NF/AH Data

- Age Range: 67% are ages 22-64
   20% are ages 65 and older
   13% are ages 21 and under
- Average Cost Per Client: \$41,744
- Most Prevalent Diagnosis: 45% Cerebral Palsy 30% Muscular Dystrophy 15% Quadriplegia 10% Respiratory Failure
- Average Length of Stay: 339 days



# **DD Waiver Care Coordination**

- Care Coordination by Regional Centers
  - Responsible for intake, assessment, evaluation, and diagnostic services, preventative services, and case management/service coordination
  - Fund provision of preventive services through contracts with private vendors and implement individual program plans (IPP)
  - Conduct quality assurance activities
  - Conduct assessment (Client Development Evaluation Report (CDER))

#### DD Waiver

- Capacity: 95,000 (since 2010)
- Additional slots per year: 5,000
- Current # of participants: 100,000+

#### DD Waiver and MLTSS Care Coordination

 DD care manager on Plan ICT to understand full medical picture and ensure daily care is delivered and person-centered

## DD Waiver Payment Structure/Responsibilities

• Client cost cap: No cost limit

## • Reimbursement:

- DD services are provided as a carve out to MLTSS
- DD waiver is not provided to Cal MediConnect members



## **DD** Waiver Data

 Age Range: 62% are ages 22-64 34% are ages 21 and under 4% are ages 65 and older

- Average Cost Per Client: \$22,777
- Most Prevalent Diagnosis: 35% Mild Profound Mental Retardation 25% Autistic Disorder
   20% Seizures
   20% Cerebral Palsy
- Average Length of Stay: 339 days

## **HIV/AIDS Waiver Care Coordination**

#### Care Coordination

- Case management programs (case managers)
  - Initiates comprehensive assessment of individual's health status (includes psychosocial, nutritional, financial, environmental and risk status) to develop a service plan
  - Service plan includes individual's needs, goals/objectives, services and interventions to be provided
- Licensed Home Health Aide who is a Certified Nursing Assistant (CNA)
  - CNAs are certified by CDPH and supervised by a licensed nurse

## HIV/AIDS Waiver Care Coordination

- Frequency of Care Coordination: Every 90 days (performed by qualified case managers, face-to face)
- HIV/AIDS Interdisciplinary Team (IDT)
  - ID Team: the individual, his or her representative, qualified case manager, attending physician or primary care practitioner, parent or guardian
  - IDT Conferences are held at least every 60 days
  - IDT Goals:
    - To assess multi-service needs of recipients
    - Plan for the provision of services to meet those needs
    - Evaluate the effectiveness and ongoing need for interventions identified in the service plan

## HIV/AIDS Waiver Care Coordination

- HIV/AIDS Waiver and MLTSS Care Coordination
  - HIV/AIDS care manager on Plan ICT to understand full medical picture and ensure daily care is delivered and person-centered

 Persons with HIV/AIDs may disenroll from Medi-Cal managed care at any time

## HIV/AIDS Waiver Payment Structure & Responsibilities

- Cost Cap per member
  - Maximum allowable reimbursement
    - \$13,200/client/year
      - If limit is reach, individual is disenrolled from waiver and may be provided services from other available funding sources
      - If individual is eligible, can be re-enrolled in waiver in the new calendar year
  - DHCS pays waiver agencies for administrative and case management services based on flat fees per eligible client per month
- Agencies include: Licensed HHA; County health department; Community-based organizations

## HIV/AIDS Waiver Payment Structure & Responsibilities

- Capacity: 3, 560
  - Additional slots per year: 170-180
  - Current # of participants: 2,897
- Waitlist: None
  - Individual agencies can enroll as many clients as feasible until federally imposed limit is reach

#### • Reimbursement:

- HIV/AIDS services are provided as a carve out to MLTSS
- HIV/AIDS is <u>not</u> provided to Cal MediConnect members



#### **HIV/AIDS Waiver Data**

- Age Range: 85% are ages 22-64
   34% are ages 21 and under
   12% are ages 65 and older
- Average Cost Per Client: \$4,256.54
- Most Prevalent Diagnosis: 100% HIV
- Average Length of Stay: 302 days

## 1915(i) DD-RC Care Coordination

- Regional Centers responsible for care coordination:
  - Face to face assessment of individual's support needs and capabilities
  - Assist in developing service plan for each individual
  - Person-centered planning
- Frequency: every 12 months or as needed
- Evaluations through Regional Centers
  - Review current individual's current record (social, medical, psychological)
  - Review eligibility criteria (significant functional limitations)
- 1915(i) DD-RC and MLTSS Care Coordination
  - 1915(i) DD-RC care manager on Plan ICT to understand full medical picture and ensure daily care is delivered and person-centered

## 1915(i) DD-RC Payment Structure & Responsibilities

- Organized Health Care Delivery System (OHCDS) arrangement DDS is the OHCDS
  - Qualified providers submit claims to RC for services delivered to the beneficiary
  - RC reviews and submits claim of payment to DDS as the OHCDS
  - OHCDS reimburses RC for actual cost of services and submits claim for FFP to DHCS
  - \* Costs for administrative activities are not billed as part of OHCDS payment (claimed separately)
- Community Living Arrangement Services (CLAS)
  - Payments in licensed/certified settings do not include cost for room and board
  - Payments do not include routine care and supervision that is expected to be provided by family

#### • Reimbursement:

- DD services are provided as a carve out to MLTSS
- DD waiver is not provided to Cal MediConnect members



#### Universal Assessment

# **Universal Assessment**

- Universal Assessment Tool
  - In progress
  - Currently, each waiver has an individual assessment tool to determine person's need for level of care
  - Goal:
    - Create a universal standardized assessment tool for all waivers to be used by management, assessing individual care plans
    - Use assessment tool for CCI members rolling into the 8
       CCI counties and for Medi-Cal managed care plans

#### Future of Long-Term Care

## Future of Long Term Care Programs

- California has rebalanced its LTC services per Federal definitions
- California has focused HCBS programs on deferring NF placement
- Switch focus to NF transitions as CBO network can sustain high need, frail and/or elderly population
  - Affordable and sustainable housing
  - Streamline HCBS waiver programs (menu of providers and menu of services)
  - LTSS Advisory Committee
- HCBS future in managed care

- ALW Assisted Living Waiver
- **AHC:** Alternative Home Care
- **ARF**: Adult Residential Facilities
- **CBAS:** Community-Based Adults Services
- **CCA**: Care Coordination Agency
- **CCI**: Coordinated Care Initiative
- **CCT** California Community Transitions
- **CDPH**: California Department of Public Health
- **CIL:** Center for Independent Living
- **CLAS:** Community Living Arrangement Services
- **DAH**: Direct Access Housing
- **DD** Developmentally Disabled

**DD/ID:** Developmental Disability/Intellectual Disability

- **DDS**: Department of Developmental Services
- **DHCS**: Department of Health Care Services
- **DP/NF**: Distinct Part Nursing Facility
- EO: Elder Options Inc.
- FFA: Foster Family Agency
- FFP: Federal Financial Participation
- **FFS:** Fee-For-Service
- HCBS Home and Community-Based Services
- HHA: Home Health Agency
- HHCM: Home and Health Care Management

**HIV/AIDS** - Human Immunodeficiency Virus/Acquired Immune Deficiency Syndrome

**ICF/DD:** Intermediate Care Facility/Developmental Disability **IHO:** In-Home Operations **IHSS:** In-Home Supportive Services **IP:** Independent Provider **LCSW:** Licensed Clinical Social Worker **LO:** Lead Organization **LOC:** Level of Care LTC: Long-Term Care **LTSS:** Long-Term Supports and Services **MFP:** Money Follows the Person Rebalancing Demonstration **MFT:** Marriage and Family Therapist **NF/AH:** Nursing Facility/Acute Hospitals **OA:** Office of AIDS **PPC**: Pediatric Palliative Care **RC:** Regional Center

**RCFE:** Residential Care Facility for the Elderly

- **SSI/SSP:** Supplemental Security Income/State Supplementary Payment
- SF-CLSB: San Francisco Community Living Support Benefit
- SF DPH: San Francisco Department of Public Health
- **SNF:** Skilled Nursing Facility
- TCM: Targeted Case Management

# QUESTIONS?

Please contact Michael Luu at <u>Michael.Luu@dhcs.ca.gov</u>