

# Cal MediConnect Behavioral Health Quick Guide

Health Plan	Inpatient/Outpatient Authorization	Member Services Transportation/Pharmacy etc.
Care1st Health Plan	OptumHealth (Private Sector) (855) 321-2211	(855) 905-3825
Community Health Group	Behavioral Health Services (800) 404-3332	(800) 244-4430
Health Net	Managed Health Network (MHN) (888) 426-0030	(855) 464-3572
Molina Healthcare	Molina Healthcare (888) 665-4621	(888) 665-4621

(\*Cal MediConnect beneficiaries can access a County Behavioral Health program directly.)

(\*For emergencies call 911 or the Access & Crisis Line at (888) 724-7240)

## **The Cal MediConnect Program**

A voluntary three-year demonstration for dual eligible beneficiaries to receive coordinated medical, behavioral health, long-term institutional, and home and community-based services through a single organized delivery system.

## **Cal MediConnect Health Plan**

The Cal MediConnect Health Plan is responsible to reimburse approved medically necessary behavioral health services provided by licensed mental health professionals. This includes inpatient psychiatric hospitals and Intensive Outpatient Programs. The Cal MediConnect Health Plans will reimburse County Behavioral Health Services providers for Medicare covered services.

## **San Diego County Mental Health Plan (MHP)**

The MHP is responsible to cover approved medically necessary behavioral health services which are not reimbursable by Medicare. Services include crisis intervention, crisis stabilization, crisis residential, Institute for Mental Disease (IMD) (22-65 years old) and clubhouses.

## **Consumer Center for Health Education & Advocacy**

The Consumer Center for Health Education & Advocacy helps beneficiaries understand how to use physical and behavioral health services. If there is a problem getting necessary care through a managed care plan, members and providers should first contact the plan's customer service department. In most cases, the health plan will resolve the issue. Occasionally, a plan member may feel his/her needs are not being met and may need a third party to help break down a barrier. The Consumer Center works closely with the health plans to figure out where the barrier is and how to resolve the problem. The Consumer Center for Health Education & Advocacy number is: (877) 734-3258.



# Cal MediConnect Behavioral Health Benefit

## Financial Responsibility

### County Mental Health Plan (MHP)

#### County-Administered Mental Health Services EXAMPLE

- A. Rehabilitative mental health services
- Crisis intervention
  - Crisis stabilization
  - Crisis residential
  - Institute for Mental Disease (IMD) - ages 22-65
  - Clubhouses

B. Targeted Case Management

(County Behavioral Health Services covers Specialty Mental Health treatment that is not covered by Medicare)

### County Alcohol & Drug Services (ADS)

#### Drug Medi-Cal services EXAMPLE

- 1) Day care rehabilitation (for pregnant women)
- 2) Outpatient individual and group counseling
- 3) Methadone maintenance therapy

### Managed Care Plan

#### Medicare Benefit Covered by Health Plan EXAMPLE

- Mental health hospital inpatient services (including emergency department)
- Institute for Mental Disease (IMD) - over 65
- Mental health outpatient services
- Psychotropic drugs
- Mental health services within the scope of primary care practitioner
- Psychologists
- Psychiatrists

(Medicare-covered behavioral health services are the responsibility of the Managed Care Plan)

### Alcohol & Drug Services (Managed Care Plan)

#### Managed Care Plan EXAMPLE

- 1) Inpatient detoxification
- 2) Alcohol misuse counseling (SBIRT)
- 3) Individual/Outpatient (qualified clinician)
- 4) Naltrexone (vivitrol) treatment

Disclaimer: This Matrix is intended to demonstrate how County Behavioral Health Services and our local health plans will collaborate to provide coordinated care. It is not a definitive list of covered services, just examples.