PACE is a health plan exclusively for seniors who need coordinated medical care to continue living as independently as possible at home. PACE is one alternative if you opt out of the Cal MediConnect program. PACE plans cover Medicare and Medi-Cal benefits plus any service your care team decides you need. In a PACE plan, you work with a team of health care providers to get your care. You must see providers in the PACE care network. Sometimes your care team may bring services to you at home. You also can go to PACE centers during the day to see your PACE doctor, get nursing care or therapy services, eat meals, and join activities.

**Medical Services**
- Doctor and specialist visits
- Hospital care and surgeries
- Medical tests, like MRIs, X-rays, screenings and lab tests
- Emergency and urgent care
- Procedures, like biopsies or colonoscopies
- Behavioral health services
- Prescription drugs
- Preventive care, like vaccines
- Physical, occupational, and speech therapy
- Home health care
- Equipment, like walkers or wheelchairs, and medical supplies, like bandages and diapers
- Dental, hearing and vision

**Long-Term Care Services and Supports**
- Home care – help with personal care and light housekeeping. (This is similar but not the same as In-Home Supportive Services (IHSS). You cannot get IHSS if you are in a PACE plan.)
- Meals – prepared meals delivered to your home and lunch at PACE centers
- Nutritional counseling
- Social services – counseling, family support, help with benefits
- Transportation to and from the PACE Centers and outside medical appointments

**Who can join?**
To join PACE, all of these things must be true:
- You’re 55 or older
- You can live in your home or community setting safely
- You need a high level of care for a disability or chronic condition
- You live in a ZIP code served by a PACE health plan

**How do I learn more about PACE?**
- You can call the PACE plan in your area to ask about enrollment – turn over for list of plans and phone numbers.
- You will receive a choice form in the mail you can use to join PACE, or call the Medi-Cal program’s Health Care Options at 1-800-430-4263 (TTY: 1-800-430-7077).

*(Turn over for PACE contact information.)*
# Program of All-Inclusive Care for the Elderly (PACE) Plans

## Los Angeles County Cities

Alhambra, Arcadia, Baldwin Park, Bell, Bell Gardens, Bellflower, Carson, Commerce, Compton, Cudahy, Downey, Duarte, East Los Angeles, El Monte, Gardena, Glendale, Hollywood, Huntington Park, Industry, Lakewood, Los Angeles, Lynwood, Maywood, Monrovia, Montebello, Monterey Park, North Long Beach, Norwalk, Paramount, Pasadena, Pico Rivera, Rosemead, San Gabriel, San Marino, Santa Fe Springs, South El Monte, Southgate, Temple City, Vernon, Whittier

- Altamed Senior BuenaCare: 1-877-462-2582

## Los Angeles County Cities


- Brandman Centers for Senior Care: 1-818-774-3065

## Orange County

- CalOptima PACE: 1-855-785-2584

## Riverside & San Bernardino Counties

- InnovAge PACE: 1-877-653-0015

## San Diego County

- St. Paul’s PACE: 1-619-271-7100

## Santa Clara County

- On Lok Lifeways: 1-888-886-6565