



## **IMPORTANT HEALTH INFORMATION**

You are getting this letter because starting on July 1, 2015 your Medi-Cal long-term care benefits will be covered by CalOptima. The reason for this change is to have your benefits and services work better together.

This notice is for your information only. You do not need to do anything. There is no change to the benefits and services you receive.

### **Which long-term care benefits are covered by CalOptima today?**

- **Nursing home care:** This benefit is currently covered by CalOptima. We will continue to work with doctors and nursing homes to provide this benefit. If you get care in a nursing home, nothing will change.
- **Community-Based Adult Services (CBAS)** are center-based services that provide frail adult daytime health care and social services. This benefit is currently covered by CalOptima. If you get CBAS, nothing will change.

### **Which other long-term care benefits will be covered by CalOptima starting on July 1, 2015?**

- **Multipurpose Senior Services Program (MSSP)** provides social and health care coordination services for people age 65 and older. If you get MSSP, CalOptima will work with you and your providers to coordinate your care. There will be no changes to how you receive services today.
- **In-Home Supportive Services (IHSS)** are personal care services for people who need help to live safely in their homes. If you get IHSS, you do not have to change your IHSS providers and you can still hire, fire, and manage your providers. The county IHSS social worker will still assess your needs and approve your IHSS hours. Your rights to appeal will stay the same. There will be no changes to how you receive services today.

### **How does this help me?**

This change will help CalOptima better coordinate your long-term medical and personal care needs.

### **What should I do now?**

- You do not need to do anything.
- If you have questions about IHSS, call your IHSS social worker at the Orange County Social Services office. They know about this change and can help you.

If you have questions about this notice or your services, call CalOptima's Customer Service Department at **1-714-246-8500** or toll-free at **1-888-587-8088**, Monday through Friday, from 8 a.m. to 5:30 p.m. We have staff who speak your language. TTY/TDD users can call **1-800-735-2929**. You can also visit our website at [www.caloptima.org](http://www.caloptima.org).