



New Cal MediConnect Health Plan Option and Changes in your Medi-Cal Health Plan

Who to Call for Help or More Information in Orange County

Call the Participating Health Plan Below:

CalOptima OneCare Connect ☎ 1-855-705-8823

- To choose and enroll in a health plan
- To see if your doctors and other health providers are in the plan's network
- To find a new doctor or other provider
- To make sure your current medications are covered
- If you need help with health issues
- If you need transportation to get to your appointments
- If you need more help to stay healthy and at home

Health Insurance Counseling and Advocacy Program (HICAP) ☎ (714) 560-0424

- To learn more about your Medicare options
- For free, individual counseling help in deciding which Medicare and Medi-Cal options best meet your needs

CalOptima ☎ 1-855-705-8823

- To enroll in, change or leave a health plan

CalOptima Customer Service ☎ 1-888-587-8088

- For more general information about CalOptima's programs and services

Cal MediConnect Ombudsman ☎ 1-855-501-3077

- If you have a complaint or problem that your health plan has not been able to resolve to your satisfaction

Medicare ☎ 1-800-633-4227 TTY 1-877-486-2048 Visit: www.medicare.gov

- For information about the health plan options in your county
- To check the prescription drugs covered