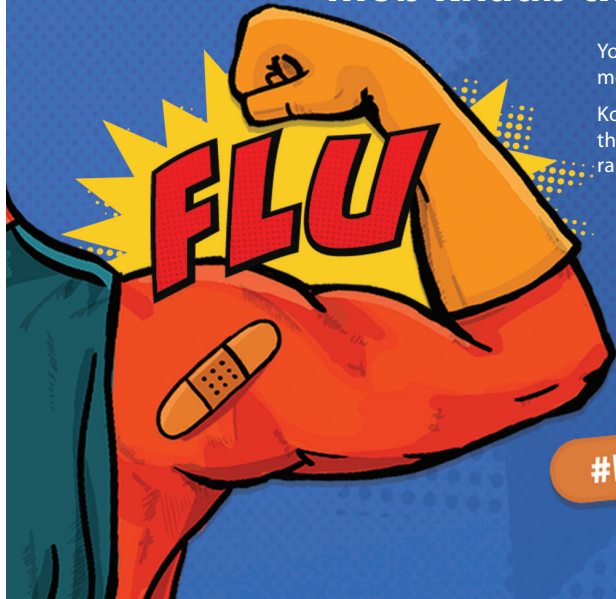


# Ua ib tus neeg muaj zog, yauv tsum mus txhaj koj koob tshuaj tiv thaiv kab mob khaub thuas



Yog koj xav tau koob tshuaj tiv thaiv kab mob no koj yauv mus qhov twg thiaj tau?

Koob Tshuaj tiv thaiv kab mob khaub thuas muaj ntau qhov chaw ua yauv muab rau koj, xws li:

- Tus kws kho mob qhov chaw ua hauj lwm
- Tsev muag tshuaj
- Tsoom fwv lub koom haum saib xyuas kev noj qab hauv huv
- Tsev kho mob

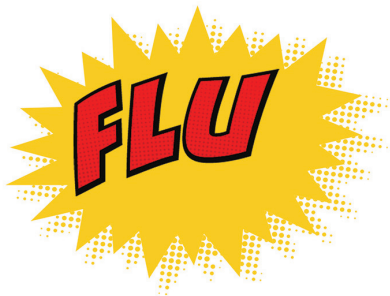
**#FIGHT FLU**

[cdc.gov/FightFlu](https://cdc.gov/FightFlu)

Qhov  
chaw tso  
stamp

## Nco ntsoov!

*Nug koj tus Cal MediConnect  
plan txhob koob tshuaj tiv thaiv  
kab mob pab **DAWB**.*



**CalMedi  
Connect**  
Your choice for complete care