

Ua ib tus neeg muaj zog, yauv tsum mus txhaj koj koob tshuaj tiv thaiv kab mob khaub thuas

Yog koj xav tau koob tshuaj tiv thaiv kab mob no koj yauv mus qhov twg thiaj tau?

Koob Tshuaj tiv thaiv kab mob khaub thuas muaj ntau qhov chaw ua yauv muab rau koj, xws li:

- Tus kws kho mob qhov chaw ua hauj lwm
- Tsev muag tshuaj
- Tsoom fwm lub koom haum saib xyuas kev noj qab hauv huv
- Tsev kho mob

#FIGHT FLU

cdc.gov/FightFlu



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Nco ntsoovi!
Nug koj tus Cal MediConnect
plan txhob koob tshuaj tiv thav
kab mob pab **DAWB.**

Qhov
chaw tso
stamp



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