Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called Cal MediConnect. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.

Each Cal MediConnect Plan Covers:

- All Medicare (Parts A, B, and D) and Medi-Cal services under one plan
- Your Long-Term Services and Supports (LTSS), also coordinated by the plan

Long-Term Services and Supports include:
- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

Benefits of Joining Cal MediConnect

- You’ll only have one card to present at medical appointments and one phone number to call for help
- Your Long-Term Services and Supports (including IHSS) stay exactly the same
- Extra vision benefits - some plans give extra dental benefits
- You’ll have access to a care coordinator

How Can a Care Coordinator Help Me?

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- get referrals from your primary care doctor to see specialists
- set up continuity of care so you can see your important out-of-network providers for a limited time
- help arrange for transportation to medically-related appointments
- connect you to Long-Term Services and Supports if you qualify
- assist you with finding services and products (grab bars, wheel chairs, etc.) that can help you live more independently
Cal MediConnect Health Plans

**Anthem Blue Cross**  
Cal MediConnect  
1-888-350-3447  
TTY: 711  
https://lacountyduals.anthem.com/member-resources.html

**Health Net**  
Cal MediConnect  
1-888-788-5395  
TTY: 711  
www.healthnet.com/calmediconnect

**Blue Shield of California**  
Promise Health Plan  
1-855-905-3825  
TTY: 711  
www.blueshieldca.com/promise/calmediconnect

**L.A. Care Cal MediConnect**  
1-888-522-1298  
TTY: 711  
www.calmediconnectla.org

**Molina Dual Options**  
1-855-665-4627  
TTY: 711  
www.molinahealthcare.com/duals

Additional Resources

**CalDuals.org**  
info@calduals.org  
www.calduals.org

For free, unbiased counseling to help you make a decision:  
Center for Health Care Rights (HICAP)  
1-800-824-0780

To enroll in a plan:  
Health Care Options  
1-844-580-7272

If you have a problem with your Cal MediConnect plan:  
Cal MediConnect Ombudsman  
1-855-501-3077