Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called Cal MediConnect. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.

Each Cal MediConnect Plan Covers:

✓ All Medicare (Parts A, B, and D) and Medi-Cal services under one plan

✓ Your Long-Term Services and Supports (LTSS), also coordinated by the plan

Long-Term Services and Supports include:

• Community-Based Adults Services (CBAS)
• In-Home Supportive Services (IHSS)
• Multipurpose Senior Services Program (MSSP)
• Nursing home care

Benefits of Joining Cal MediConnect

► You’ll only have one card to present at medical appointments and one phone number to call for help

► Your Long-Term Services and Supports (including IHSS) stay exactly the same

► Extra vision benefits - some plans give extra dental benefits

► You’ll have access to a care coordinator

How Can a Care Coordinator Help Me?

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

► get referrals from your primary care doctor to see specialists

► set up continuity of care so you can see your important out-of-network providers for a limited time

► help arrange for transportation to medically-related appointments

► connect you to Long-Term Services and Supports if you qualify

► assist you with finding services and products (grab bars, wheel chairs, etc.) that can help you live more independently
Cal MediConnect Health Plans

**Blue Shield of California**
Promise Health Plan  
1-855-905-3825  
TTY: 711  
www.blueshieldca.com/promise/calmediconnect

**Health Net Cal MediConnect**
1-888-788-5805  
TTY: 711  
www.healthnet.com/calmediconnect

**Community Health Group**
CommuniCare Advantage  
1-888-244-4430  
TTY: 1-855-266-4584  
www.chgsd.com

**Molina Dual Options**
1-855-665-4627  
TTY: 711  
www.molinahealthcare.com/duals

Additional Resources

**CalDuals.org**
info@calduals.org  
www.calduals.org

For free, unbiased counseling to help you make a decision:

Health Insurance Counseling & Advocacy Program  
1-858-565-8772

To enroll in a plan:

Health Care Options  
1-844-580-7272

If you have a problem with your Cal MediConnect plan:

Cal MediConnect Ombudsman  
1-855-501-3077