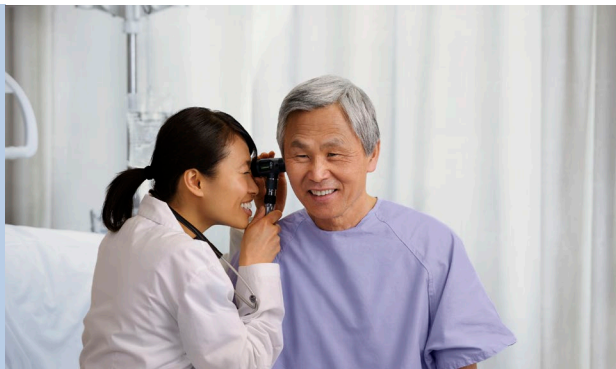


If you have both Medicare and Medi-Cal, find out more about Cal MediConnect, an alternative health plan.



CalMediConnect
Your choice for complete care

How does a Cal MediConnect plan in San Diego County help me?

- Your Medicare and Medi-Cal benefits will work together.
- Your doctors, pharmacists and other providers will coordinate your care to help you stay healthy.
- You will receive a complete assessment of your needs, preventive care, and services in your home and community whenever possible, instead of in emergency rooms, hospitals and nursing homes.
- Your quality of care should improve; coordinating your care will increase the focus on your wellness and reduce unnecessary tests and medications.
- You will receive additional benefits, including vision coverage and care coordination.

To find out if your doctor, hospital or other provider is in the Cal MediConnect network, call the Cal MediConnect health plans in your county:

Blue Shield of California Promise Health Plan	1-855-905-3825
CommuniCare Advantage	1-888-244-4430
Health Net Cal MediConnect	1-888-788-5805
Molina Dual Options	1-855-665-4627

PACE may be an option if you are eligible. Contact your local PACE:

St. Paul's PACE	1-619-677-3800
San Diego PACE	1-844-473-7223

To enroll in a plan, call:

Health Care Options	(844) 580-7272
	TTY: (800) 430-7077

Where Can I Go for More Help?



For Free and Individualized Assistance About Your Options Call Any of the Local San Diego Numbers Below:

- Health Insurance Counseling & Advocacy Program (HICAP) 858-565-8772
- Consumer Center for Health Education & Advocacy 877-734-3258

If you are in a Cal MediConnect Plan and Need Further Assistance:

The Cal MediConnect Ombudsman Program will assist enrollees in navigating issues and filing appeals and complaints where needed.

The Cal MediConnect Ombudsman will also:

- Investigate, negotiate and resolve enrollee problems/complaints with Cal MediConnect plans;
- Refer enrollees to relevant entities and programs as needed, including but not limited to: the Department of Managed Health Care (DMHC), Health Insurance Counseling and Advocacy Programs (HICAPs), State Protection and Advocacy Programs, Aging and Disability Resource Centers (ADRCs), Consumer Assistance Programs, Legal Services Programs.

Call the Cal MediConnect Ombudsman Program

(855) 501-3077