Cal MediConnect Health Plan Options and Changes in your Medi-Cal Health Plan

Who to Call for Help or More Information
In Los Angeles County

Call the Participating Health Plans Below:

Anthem Blue Cross
Cal MediConnect
☎ 1-888-350-3447

Blue Shield of California Promise Health Plan
☎ 1-855-905-3825

Health Net
☎ 1-888-788-5395

L.A. Care
☎ 1-888-522-1298

Molina Dual Options
☎ 1-855-665-4627

• To see if your doctors and other health providers are in the plan’s network
• To find a new doctor or other provider
• To make sure your current medications are covered
• If you need help with health issues
• If you need transportation to get to your appointments
• If you need more help to stay healthy and at home

Health Insurance Counseling and Advocacy Program (HICAP) ☎ (213) 383-4519

• To learn more about your Medicare options
• For free, individual counseling help in deciding which Medicare and Medi-Cal options best meet your needs

Health Care Options ☎ 1-844-580-7272
TTY: 1-800-430-7077

• For information and help to enroll in, change or leave a health plan

Cal MediConnect Ombudsman ☎ 1-855-501-3077

• If you have a complaint or problem that your health plan has not been able to resolve to your satisfaction

Medicare ☎ 1-800-633-4227
TTY 1-877-486-2048
Visit www.medicare.gov

• For information about the health plan options in your county
• To check the prescription drugs covered

(January 11, 2019)