

DRAFT 90-Day MLTSS Notice: MLTSS for duals who are prohibited from CMC and in FFS Medi-Cal.

Important Information

The way you get Medi-Cal services is changing. You **must** now enroll in a Medi-Cal managed care health plan to receive Medi-Cal services. Also, you will be receiving your long-term services and supports from the Medi-Cal managed care plan. The reason for this change is to make your services work better together.

You do not need to do anything yet. We will send you more information and health plan enrollment materials in about one month.

What are services will you get from your Medi-Cal plan?

Your Medi-Cal health plan will coordinate all of your Medi-Cal covered services and help arrange the care you need.

Long-term care services and supports help you with ongoing personal care needs. The Medi-Cal services below will be covered by your health plan. If you do not get these services now, your health plan can help you get them in the future if they are medically needed.

- **In-Home Supportive Services (IHSS)** are personal care services for people who need help to live safely in their homes. If you get IHSS, you do not have to change your IHSS providers and you can still hire, fire, and manage your providers. The county IHSS social worker will still assess your needs and approve your IHSS hours. Your rights to appeal will stay the same. If you want, your health plan can work with you and your IHSS providers to make sure you get the care you need.
- **Community-Based Adult Services (CBAS)** is daytime health care at centers that provide nursing, therapy, activities and meals for people with certain chronic health conditions. Your health plan will work with you and your doctor if you need this service.
- **Multipurpose Senior Services Program (MSSP)** provides social and health care coordination services for people age 65 and older. Your health plan will work with your MSSP providers to better coordinate your care.
- **Nursing home care:** If you get care in a nursing home, your health plan will work with your doctor and nursing home to give you the same services you get now and to better coordinate your care.

Can I see my doctors after I enroll in a Medi-Cal plan?

Yes. Medicare pays for your physicians, hospital services, and other providers. Medi-Cal pays for certain Medicare cost-sharing, sometimes covers additional benefits (such as prescription drugs not covered by Medicare), and covers your long-term support services.

Enrolling in a Medi-Cal health plan:

- Does NOT change your Medicare.
- Does NOT change your Medi-Cal eligibility or cost you extra.
- Does NOT cut any of your Medi-Cal services or benefits.

When do I need to enroll in a Medi-Cal health plan?

- You will be receiving more information regarding your choices of Medi-Cal health plan. If you do not make a choice, you will be enrolled in a Medi-Cal plan starting **MM/DD/YYYY**.

What should I do now?

- Talk about choices with someone who knows about your health care needs, like your family, your doctors, or your local long-term care services and supports providers.
- Watch your mail for a packet from Health Care Options in about one month.

For help or more information

If you need this letter in another language or alternate format, like large print, audio, or Braille; or if you need help enrolling in a health plan please call:

Health Care Options

1-844-580-7272

TTY: 1-800-430-7077

Monday - Friday, 8 am - 5 pm

www.HealthCareOptions.dhcs.ca.gov