

DRAFT 45-Day MLTSS for All Current Medi-Cal Plan Enrollees (Dual and Non-Dual) who are prohibited from CMC

Important Information

You are getting this letter because you will now get your Medi-Cal long-term care services through [current plan name] starting on MM/DD/YYYY. The reason for this change is to make your benefits and services work better together.

This notice is for your information only. You do not need to do anything.

How do I get long-term care services and supports?

The Medi-Cal services below will now be covered by your Medi-Cal health plan.

- **In-Home Supportive Services (IHSS)** are personal care services for people who need help to live safely in their homes. If you get IHSS, you do not have to change your IHSS providers and you can still hire, fire, and manage your providers. The county IHSS social worker will still assess your needs and approve your IHSS hours. Your rights to appeal will stay the same.
- **Community-Based Adult Services (CBAS)** are centers that provide adult day health care. If you get CBAS, nothing will change.
- **Multipurpose Senior Services Program (MSSP)** provides social and health care coordination services for people age 65 and older. If you get MSSP, your Medi-Cal health plan will work with you and your providers to better coordinate your care.
- **Nursing home care:** If you get care in a nursing home, your Medi-Cal health plan will work with your doctor and nursing home to give you the same services you get now and to better coordinate your care.

How does this help me?

This change will help your health plan to support your long-term medical and personal care needs.

What should I do now?

- You do not need to do anything.
- If you have questions about this notice or your services, call your health plan.
- If you have questions about IHSS, call your IHSS social worker at the county social services office. They know about this change and can help you.

- If you need this letter in another language or alternate format, like large print, audio, or Braille; or if you need help understanding this letter call:

Health Care Options

1-844-580-7272

TTY: 1-800-430-7077

Monday - Friday, 8 am - 5 pm

www.healthcareoptions.dhcs.ca.gov