A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

► get referrals from your primary care doctor to see specialists
► set up continuity of care so you can see your important out-of-network providers for a limited time
► help arrange for transportation to medically-related appointments
► connect you to Long-Term Services and Supports if you qualify
► assist you with finding services and products (grab bars, wheel chairs, etc.) that can help you live more independently

How Can a Care Coordinator Help Me?

Each Cal MediConnect Plan Covers:

✓ All Medicare (Parts A, B, and D) and Medi-Cal services under one plan
✓ Your Long-Term Services and Supports (LTSS), also coordinated by the plan

Long-Term Services and Supports include:

• Community-Based Adults Services (CBAS)
• In-Home Supportive Services (IHSS)
• Multipurpose Senior Services Program (MSSP)
• Nursing home care

Benefits of Joining Cal MediConnect

► You’ll only have one card to present at medical appointments and one phone number to call for help
► Your Long-Term Services and Supports (including IHSS) stay exactly the same
► Extra vision benefits - some plans give extra dental benefits
► You’ll have access to a care coordinator

How do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called Cal MediConnect. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.

Do you have Medicare and Medi-Cal?
Cal MediConnect Health Plans

Inland Empire Health Plan DualChoice
1-877-273-IEHP (4347)
TTY: 1-800-718-4347
www3.iehp.org/en/members/plans/cal-mediconnect

Molina Dual Options
1-855-665-4627
TTY: 711
www.molinahealthcare.com/duals

Additional Resources

CalDuals.org
info@calduals.org
www.calduals.org

For free, unbiased counseling to help you make a decision:

Health Insurance Counseling & Advocacy Program 1-909-256-8369

To enroll in a plan:

Health Care Options 1-844-580-7272

If you have a problem with your Cal MediConnect plan:

Cal MediConnect Ombudsman 1-855-501-3077