Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called **Cal MediConnect**. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.

**Each Cal MediConnect Plan Covers:**

- ✓ All Medicare (Parts A, B, and D) and Medi-Cal services under one plan
- ✓ Your Long-Term Services and Supports (LTSS), also coordinated by the plan

Long-Term Services and Supports include:

- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

**Benefits of Joining Cal MediConnect**

- **You’ll only have one card** to present at medical appointments and one phone number to call for help
- Your Long-Term Services and Supports (including IHSS) **stay exactly the same**
- **Extra vision benefits** - some plans give extra dental benefits
- **You’ll have access to a care coordinator**

**How Can a Care Coordinator Help Me?**

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- **get referrals** from your primary care doctor to see specialists
- **set up continuity of care** so you can see your important out-of-network providers for a limited time
- **help arrange for transportation** to medically-related appointments
- **connect you to Long-Term Services and Supports** if you qualify
- **assist you with finding services and products** (grab bars, wheel chairs, etc.) that can help you live more independently

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**CalMediConnect**

Your choice for complete care
Cal MediConnect Health Plans

**Anthem Blue Cross**
Cal MediConnect
1-888-350-3447
TTY: 711
https://lacountyduals.anthem.com/member-resources.html

**Blue Shield Promise**
Cal MediConnect Plan
1-855-905-3825
TTY: 711
www.blueshieldca.com/promise/calmediconnect

**Health Net**
Cal MediConnect
1-888-788-5395
TTY: 711
www.healthnet.com/calmediconnect

**L.A. Care Cal MediConnect**
1-888-522-1298
TTY: 711
www.calmediconnectla.org

**Molina Dual Options**
1-855-665-4627
TTY: 711
www.molinahealthcare.com/duals

Additional Resources

CalDuals.org
info@calduals.org
www.calduals.org

For free, unbiased counseling to help you make a decision:
Center for Health Care Rights (HICAP) 1-800-824-0780

To enroll in a plan:
Health Care Options 1-844-580-7272

If you have a problem with your Cal MediConnect plan:
Cal MediConnect Ombudsman 1-855-501-3077