A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

► get referrals from your primary care doctor to see specialists
► set up continuity of care so you can see your important out-of-network providers for a limited time
► help arrange for transportation to medically-related appointments
► connect you to Long-Term Services and Supports if you qualify
► assist you with finding services and products (grab bars, wheel chairs, etc.) that can help you live more independently

Benefits of Joining Cal MediConnect

► You’ll only have one card to present at medical appointments and one phone number to call for help
► Your Long-Term Services and Supports (including IHSS) stay exactly the same
► Extra vision benefits - some plans give extra dental benefits
► You’ll have access to a care coordinator

Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called Cal MediConnect. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.
Cal MediConnect Health Plans

Blue Shield Promise CalMediConnect Plan
1-855-905-3825
TTY: 711
www.blueshieldca.com/promise/calmedic和平

Health Net Cal MediConnect
1-888-788-5805
TTY: 711
www.healthnet.com/calmedic和平

Community Health Group CommuniCare Advantage
1-888-244-4430
TTY: 1-855-266-4584
www.chgsd.com

Molina Dual Options
1-855-665-4627
TTY: 711
www.molinahealthcare.com/duals

Additional Resources

CalDuals.org
info@calduals.org
www.calduals.org

For free, unbiased counseling to help you make a decision:

Health Insurance Counseling & Advocacy Program 1-858-565-8772

To enroll in a plan:

Health Care Options 1-844-580-7272

If you have a problem with your Cal MediConnect plan:

Cal MediConnect Ombudsman 1-855-501-3077