

# Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called **Cal MediConnect**. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.



## Each Cal MediConnect Plan Covers:

- ✓ All **Medicare** (Parts A, B, and D) and **Medi-Cal** services under one plan
- ✓ Your **Long-Term Services and Supports (LTSS)**, also coordinated by the plan

Long-Term Services and Supports include:

- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

## Benefits of Joining Cal MediConnect

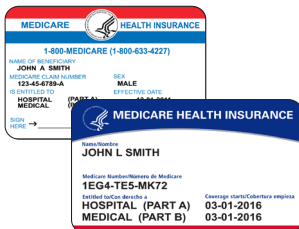
- ▶ You'll **only have one card** to present at medical appointments and **one phone number** to call for help
- ▶ Your Long-Term Services and Supports (including IHSS) **stay exactly the same**
- ▶ **Extra benefits** - some plans offer additional vision and/or dental benefits
- ▶ You'll have access to a **care coordinator**

## How Can a Care Coordinator Help Me?

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- ▶ **get referrals** from your primary care doctor to see specialists
- ▶ **set up continuity of care** so you can see your important out-of-network providers for a limited time
- ▶ **help arrange for transportation** to medically-related appointments
- ▶ **connect you to Long-Term Services and Supports** if you qualify
- ▶ **assist you with finding services and products** (grab bars, wheel chairs, etc.) that can help you live more independently



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**CalMediConnect**  
Your choice for complete care

# Cal MediConnect Health Plans



## **Anthem Blue Cross Cal MediConnect**

1-888-350-3447

TTY: 711

[lacountyduals.anthem.com](http://lacountyduals.anthem.com)

## **Health Net Cal MediConnect**

1-888-788-5395

TTY: 711

[www.healthnet.com/  
calmediconnect](http://www.healthnet.com/calmediconnect)

## **Molina Dual Options**

1-855-665-4627

TTY: 711

[www.molinahealthcare.com/  
members/ca/en-US/hp/duals/duals](http://www.molinahealthcare.com/members/ca/en-US/hp/duals/duals)



## **Blue Shield of California Promise Health Plan**

1-855-905-3825

TTY: 711

[www.blueshieldca.com/  
promise/calmediconnect](http://www.blueshieldca.com/promise/calmediconnect)



## **L.A. Care Cal MediConnect**

1-888-522-1298

TTY: 711

[www.calmediconnectla.org](http://www.calmediconnectla.org)

## State Outreach Staff

### **For Consumers, Caregivers, and Community Health Workers**

Fred Munoz (+ Spanish): 323-630-4464 | [fred@aurrerahealth.com](mailto:fred@aurrerahealth.com)

Jamie Chen (+ Chinese): 510-703-8335 | [jamie@aurrerahealth.com](mailto:jamie@aurrerahealth.com)

Sandra Yunjung Choi (+ Spanish, Korean): 213-446-7169 | [sandra@aurrerahealth.com](mailto:sandra@aurrerahealth.com)

## Additional Resources



### **CalDuals.org**

[info@calduals.org](mailto:info@calduals.org)

[www.calduals.org](http://www.calduals.org)

For free, unbiased counseling to help you make a decision:

**Center for Health Care Rights (HICAP)**

**1-800-824-0780**

To enroll in a plan:

**Health Care Options**

**1-844-580-7272**

If you have a problem with your Cal MediConnect plan:

**Cal MediConnect Ombudsman**

**1-855-501-3077**