

Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called **Cal MediConnect**. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.



Each Cal MediConnect Plan Covers:

- ✓ All **Medicare** (Parts A, B, and D) and **Medi-Cal services** under one plan
- ✓ Your **Long-Term Services and Supports (LTSS)**, also coordinated by the plan

Long-Term Services and Supports include:

- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

Benefits of Joining Cal MediConnect

- ▶ You'll **only have one card** to present at medical appointments and **one phone number** to call for help
- ▶ Your Long-Term Services and Supports (including IHSS) **stay exactly the same**
- ▶ **Extra benefits** - some plans offer additional vision and/or dental benefits
- ▶ You'll have access to a **care coordinator**

How Can a Care Coordinator Help Me?

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- ▶ **get referrals** from your primary care doctor to see specialists
- ▶ **set up continuity of care** so you can see your important out-of-network providers for a limited time
- ▶ **help arrange for transportation** to medically-related appointments
- ▶ **connect you to Long-Term Services and Supports** if you qualify
- ▶ **assist you with finding services and products** (grab bars, wheel chairs, etc.) that can help you live more independently



CalMediConnect
Your choice for complete care

Cal MediConnect Health Plans



**Blue Shield Promise
Cal MediConnect Plan**
1-855-905-3825
TTY: 711
[www.blueshieldca.com/
promise/calmediconnect](http://www.blueshieldca.com/promise/calmediconnect)



Health Net Cal MediConnect
1-888-788-5805
TTY: 711
[mmp.healthnetcalifornia
.com/mmp.html](http://mmp.healthnetcalifornia.com/mmp.html)



**Community Health Group
CommuniCare Advantage**
1-888-244-4430
TTY: 1-855-266-4584
[www.chgsd.com/
chg-plans/cmc](http://www.chgsd.com/chg-plans/cmc)



Molina Dual Options
1-855-665-4627
TTY: 711
[www.molinahealthcare.com/
members/ca/en-US/hp/
duals/duals](http://www.molinahealthcare.com/members/ca/en-US/hp/duals/duals)

State Outreach Staff

For Physicians, LTSS Providers, and Health Service Professionals

Paul Gutierrez: 213-393-2465 | paul@aurrerahealth.com

Terrance Henson: 818-398-4510 | terrance@aurrerahealth.com

Rita Cruz Gallegos (+ Spanish): 951-468-5712 | rita@aurrerahealth.com

Additional Resources



CalDuals.org
info@calduals.org
www.calduals.org

For free, unbiased counseling
to help you make a decision:

**Health Insurance Counseling
& Advocacy Program**

1-858-565-8772

To enroll in a plan:

Health Care Options

1-844-580-7272

If you have a problem with
your Cal MediConnect plan:

Cal MediConnect Ombudsman

1-855-501-3077