A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

► **get referrals** from your primary care doctor to see specialists

► **set up continuity of care** so you can see your important out-of-network providers for a limited time

► **help arrange for transportation** to medically-related appointments

► **connect you to Long-Term Services and Supports** if you qualify

► **assist you with finding services and products** (grab bars, wheel chairs, etc.) that can help you live more independently

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**Benefits of Joining Cal MediConnect**

► You’ll **only have one card** to present at medical appointments and **one phone number** to call for help

► Your Long-Term Services and Supports (including IHSS) **stay exactly the same**

► **Extra benefits** - some plans offer additional vision and/or dental benefits

► You’ll have access to a **care coordinator**

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**How Can a Care Coordinator Help Me?**

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Cal MediConnect Health Plans

Inland Empire Health Plan DualChoice
1-877-273-IEHP (4347)
TTY: 1-800-718-4347
ww3.iehp.org/en/members/iehp-dualchoice-cal-medicconnect-plan

Molina Dual Options
1-855-665-4627
TTY: 711

Additional Resources

CalDuals.org
info@calduals.org
www.calduals.org

For free, unbiased counseling to help you make a decision:
Health Insurance Counseling & Advocacy Program 1-909-256-8369

To enroll in a plan:
Health Care Options 1-844-580-7272

If you have a problem with your Cal MediConnect plan:
Cal MediConnect Ombudsman 1-855-501-3077