

Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called **Cal MediConnect**. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.



Each Cal MediConnect Plan Covers:

- ✓ All **Medicare** (Parts A, B, and D) and **Medi-Cal services** under one plan
- ✓ Your **Long-Term Services and Supports (LTSS)**, also coordinated by the plan

Long-Term Services and Supports include:

- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

Benefits of Joining Cal MediConnect

- ▶ You'll **only have one card** to present at medical appointments and **one phone number** to call for help
- ▶ Your Long-Term Services and Supports (including IHSS) **stay exactly the same**
- ▶ **Extra benefits** - some plans offer additional vision and/or dental benefits
- ▶ You'll have access to a **care coordinator**

How Can a Care Coordinator Help Me?

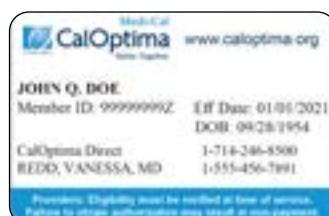
A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- ▶ **get referrals** from your primary care doctor to see specialists
- ▶ **set up continuity of care** so you can see your important out-of-network providers for a limited time
- ▶ **help arrange for transportation** to medically-related appointments
- ▶ **connect you to Long-Term Services and Supports** if you qualify
- ▶ **assist you with finding services and products** (grab bars, wheel chairs, etc.) that can help you live more independently



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OneCare Connect Health Plan



CalOptima OneCare Connect

1-855-705-8823

TTY: 1-800-735-2929

www.caloptima.org/en/ForMembers/OneCareConnect.aspx

Additional Resources



CalDuals.org

info@calduals.org

www.calduals.org

For free, unbiased counseling
to help you make a decision:

**Health Insurance Counseling
& Advocacy Program**

1-714-560-0424

To enroll in a plan:

CalOptima

1-800-960-9070

If you have a problem with
your OneCare Connect plan:

Cal MediConnect Ombudsman

1-800-834-5001