Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called Cal MediConnect. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.

### Each Cal MediConnect Plan Covers:

- **All Medicare** (Parts A, B, and D) and **Medi-Cal services** under one plan

- **Your Long-Term Services and Supports (LTSS)**, also coordinated by the plan

Long-Term Services and Supports include:

- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

### How Can a Care Coordinator Help Me?

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- **get referrals** from your primary care doctor to see specialists

- **set up continuity of care** so you can see your important out-of-network providers for a limited time

- **help arrange for transportation** to medically-related appointments

- **connect you to Long-Term Services and Supports** if you qualify

- **assist you with finding services and products** (grab bars, wheel chairs, etc.) that can help you live more independently

### Benefits of Joining Cal MediConnect

- **You’ll only have one card** to present at medical appointments and **one phone number** to call for help

- **Your Long-Term Services and Supports (including IHSS)** stay exactly the same

- **Extra benefits** - some plans offer additional vision and/or dental benefits

- **You’ll have access to a care coordinator**

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**CalOptima**

OneCare Connect

Better. Together.
CalOptima OneCare Connect
1-855-705-8823
TTY: 1-800-735-2929
www.caloptima.org/en/ForMembers/OneCareConnect.aspx

Additional Resources

CalDuals.org
info@calduals.org
www.calduals.org

For free, unbiased counseling to help you make a decision:
Health Insurance Counseling & Advocacy Program 1-714-560-0424

To enroll in a plan:
CalOptima 1-800-960-9070

If you have a problem with your OneCare Connect plan:
Cal MediConnect Ombudsman 1-800-834-5001