Do you have Medicare and Medi-Cal?

If so, you can combine all your Medicare and Medi-Cal benefits under one health plan called Cal MediConnect. You can continue seeing your doctors and specialists if they work with a Cal MediConnect plan.

Each Cal MediConnect Plan Covers:

- All Medicare (Parts A, B, and D) and Medi-Cal services under one plan
- Your Long-Term Services and Supports (LTSS), also coordinated by the plan

Long-Term Services and Supports include:
- Community-Based Adults Services (CBAS)
- In-Home Supportive Services (IHSS)
- Multipurpose Senior Services Program (MSSP)
- Nursing home care

How Can a Care Coordinator Help Me?

A care coordinator is a social worker or nurse who helps you manage your health care services and suggests other support that may be helpful.

Your care coordinator can:

- get referrals from your primary care doctor to see specialists
- set up continuity of care so you can see your important out-of-network providers for a limited time
- help arrange for transportation to medically-related appointments
- connect you to Long-Term Services and Supports if you qualify
- assist you with finding services and products (grab bars, wheel chairs, etc.) that can help you live more independently

Benefits of Joining Cal MediConnect

- You’ll only have one card to present at medical appointments and one phone number to call for help
- Your Long-Term Services and Supports (including IHSS) stay exactly the same
- Extra benefits - some plans offer additional vision and/or dental benefits
- You’ll have access to a care coordinator
Cal MediConnect Health Plans

**Anthem Blue Cross**
1-855-817-5785  
TTY: 711  
mss.anthem.com/california-mmp/home.html

**Santa Clara Family Health Plan**
1-877-723-4795  
TTY: 711  
www.scfhp.com/healthcareplans/calmediciconnect/

Additional Resources

**CalDuals.org**
info@calduals.org  
www.calduals.org

For free, unbiased counseling to help you make a decision:

- **Health Insurance Counseling & Advocacy Program**  
  1-408-350-3200

To enroll in a plan:

- **Health Care Options**  
  1-844-580-7272

If you have a problem with your Cal MediConnect plan:

- **Cal MediConnect Ombudsman**  
  1-855-501-3077