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## Program of All-Inclusive Care for the Elderly (PACE)

**If you do not join Cal MediConnect, you must have a Medi-Cal Managed Care plan (if you haven't already) or a PACE plan. Below is more information about PACE.**

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### **What is PACE?**

PACE is a program that provides coordinated medical care for people 55 and older with chronic illnesses or disabilities to help them live as independently as possible in their home and community. PACE health care teams coordinate medical, social, and home care services to help people meet their needs in their community instead of going to a nursing home or other care facility. PACE is only available in specific zip codes. Call the PACE plan in your county to see if they service your neighborhood.

### **Does PACE cover my Medicare and Medi-Cal benefits?**

PACE covers all your Medicare and Medi-Cal benefits. The PACE plan will coordinate all your health care needs, including medical care, mental health care, and home- and community-based services, using a team of dedicated health care professionals. PACE plans provide care and services in the home, the community, and in dedicated PACE centers. If you are eligible for Medi-Cal and Medicare, PACE services are covered at no additional cost.

### **What are the benefits of PACE?**

- A team of health care professionals, including a doctor, nurse, social worker, physical and occupational therapists, and a dietician, work together to help you make health care decisions.
- A complete medical assessment every six months, or when there is a change in your medical condition.
- Support for your family members and other caregivers with caregiver training, support groups, and respite care to help families keep their loved ones in the community.
- PACE provides long term services and supports, including:

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#### **At the PACE Center**

✓ Primary care services

✓ Social services

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#### **In the Home or Community**

✓ Durable medical equipment

✓ Prescription drugs

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| ✓ Restorative therapies                      | ✓ Dental, hearing, and vision services                    |
| ✓ Personal care                              | ✓ Mental and behavioral health services                   |
| ✓ Supportive services                        | ✓ Nursing home care                                       |
| ✓ Nutritional counseling                     | ✓ Non-medical transportation to from outside appointments |
| ✓ Recreational therapy                       | ✓ Home care/personal care services                        |
| ✓ Meals                                      | ✓ Home health care  |
| ✓ Transportation to and from the PACE center | ✓ Respite care  |
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**Will my providers change?**

Yes. If you join a PACE program, your primary care doctors will be provided by PACE. Additionally, in place of your In-Home Supportive Services (IHSS), a trained and qualified PACE employee will coordinate all of your home-based medical and personal care services.

**For more information, visit [CalPACE's website](http://www.calpace.org) (www.calpace.org) or contact your county's PACE plan.**